



Phone: 732- 886-2531

Email: orders@gbsalad.com

Website: www.gbsalad.com

Follow us on instagram @thegreenbowlsalads

THE GREEN BOWL MENU

- FRESH SALADS
- FRESH CUT FRUIT
- HOT SOUPS
- FULL SERVICE PARTIES AND CORPORATE PARTIES AND MEETINGS
- SMOOTHIES & DRINKS
- DAIRY/PARVE MENU
- SUSHI PLATTER

ALL SALADS MADE FRESH DAILY. ALL SALADS COME READY TO SERVE BUT NOT MIXED TOGETHER.

Sugar Free Available: +\$4 for each Party sized salad, +\$1 per lb. in 2 lb. container

(M) indicates mayonnaise based dressing

(L) indicates lemon in dressing

SALAD SIZES

Large(Party Size): 16 Portions **Medium**: 8 Portions **Small**: 4 portions

** *We sell individual portion salads in party squares - sold by the dozen (call for pricing)*

** *Single portion café style salads available - \$9.50-\$13.00*

ROMAINE LETTUCE SALADS (Other greens available upon request)

Square salad bowls with serving set available for your salad (add. charge)

	SALAD		Large	Medium	Small	
Caesar Type	M	Basic Caesar Salad	Romaine, grape tomatoes, purple onion, mini croutons, Caesar dressing	\$36	\$25	\$18
	M	GB Caesar Salad BEST SELLER	Romaine, grape tomatoes, slivered colored peppers, craisins, medium croutons, Caesar parsley dressing	\$45	\$30	\$22
	M	Garlic/ Basil Garden Salad NO SUGAR, NO SPLENDA	Romaine, mixed grape tomatoes, julienne carrots, purple onion, English cucumber, colored peppers, heavenly garlic-basil dressing (sugar free, Splenda free), flatbreads	\$55	\$35	
	M	Crunchy Salad	Romaine, slivered yellow peppers, fancy cut English cucumbers, g. tomatoes, flatbreads, Caesar parsley dressing	\$45	\$30	
	M	Romaine Dill Salad	Romaine, fancy cut English cucumber, purple onion, yellow peppers, creamy dill dressing (optional croutons or flatbreads)	\$42	\$25	
Portobello Type		Classic Portobello Lettuce Salad	Romaine, sautéed baby bella mushrooms, grape tomatoes, Chinese pecans, red dressing	\$60	\$38	\$26
	M	Italian Portobello Lettuce Salad BEST SELLER	Romaine, sautéed baby bella mushrooms, purple onion, grape tomatoes, delicious light Italian dressing, topping: slivered almonds or roasted salted cashews	\$60	\$38	\$26
		NEW! Teriyaki Portobello Mushroom Salad	Romaine, sautéed baby bella mushrooms w/ teriyaki sauce, shredded carrots & beets, colored peppers, grape tomatoes, toasted blk.& white sesame seeds, sweet vinaigrette dressing	\$65		



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Fruity Type

Romaine - Fish Type

	SALAD		Large	Medium	Small
L	Fruity Lettuce Salad BEST SELLER	Romaine, fresh mango & kiwi, craisins, dried kiwi, honey almonds with tangy citrus dressing (seasonal: pomegranate seeds)	\$65	\$42	\$28
L	WOW! Coconut Romaine Colada Salad	Romaine, coconut flakes, pineapple, fresh and dried kiwi, pom. seeds, craisins, honey almonds, pina colada dressing (seasonal: pomegranate seeds)	\$65		
	Toffee Peanut Salad BEST SELLER	Romaine, fresh mango, fresh kiwi, craisins, toffee peanuts with rich dressing you've never tasted (seasonal: pomegranate seeds)	\$65	\$42	\$28
M	Lettuce Poppy Salad	Romaine, fresh mango & kiwi, craisins, honey almonds, poppy seed dressing (seasonal: pom seeds)	\$60	\$38	
L	Refreshing Winter Fruit & Romaine Salad	Romaine, fresh orange & grapefruit segments, walnuts, fruity lemon dressing	\$60		
	Tropical Salad	Romaine, diced mango, avocado, mandarin oranges, craisins, chow mein noodles, brown sugar vinaigrette dressing	\$58		
	Fabulous Mango Salad	Romaine, fresh mango, purple onion, diced avocado, dried mango, cashews, fresh mango dressing	\$60		
	NEW! Deluxe Pistachio Romaine Salad	Romaine, Mango, Avocado, Purple grapes, Craisins, Hulled Pistachio nuts (Seasonal: Pom seeds) Purple onion, poppy seed dressing	\$70	\$48	
M	NEW! Lox Tidbit Salad	Romaine, fresh lox pieces, g. tomatoes, fresh peppers, English cucumbers, purple onion, flatbread crackers, spicy mayo dressing	\$70		
M	NEW! Romaine Tuna Salad	Romaine, grape tomatoes, purple onion, fresh peppers, flaked tuna, flatbreads, creamy Caesar dressing	\$56		
	Taco Chip Salad	Romaine, red & orange peppers, purple onion, sautéed fresh mushrooms, diced avocado, taco chips, slivered almonds, red dressing (optional: sautéed baby bella mushrooms)	\$60 (\$62)	\$38 (\$40)	
M	Sweet Lettuce Salad w/ Toppings	Romaine, fresh mango, assorted colored peppers, purple onion, diced avocado, Chinese pecans, craisins, delicious mayo-honey dressing	\$62		
M	Italian Romaine Walnut Salad	Romaine, fresh walnuts, grape tomatoes, snap peas, purple onion, yellow peppers, English cucumbers, Italian dressing	\$58	\$36	
	WOW! Sweet Potato Chip Salad	Romaine, purple cabbage, mandarin oranges, sweet potato chips, dried mango, purple onions, Chinese glazed pecans, fresh sweet potato cubes	\$70	\$48	
M	Sushi Salad BEST SELLER	Sushi in salad- not in a roll (1 lb. Romaine, 2 lb. rice), many toppings, crunch, spicy mayonnaise dressing	\$68		



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	SALAD		Large	Medium	Small
M	Brown Rice Sushi Salad	Sushi in salad- not in a roll (1 lb. Romaine, 2 lb. brown rice), many toppings, Tempura crunch, spicy mayonnaise dressing	\$68		
M	Romaine, Fresh Mushroom, Snappy Salad	Romaine, fresh mushrooms, snap peas, slivered yellow pepper, crispy onions, croutons, mayo dressing	\$58		
M	Sesame Crunch Salad (aka Nish Nosh Salad)	Romaine, (optional: purple & white cabbage), grape tomatoes, purple onion, nish nosh crackers, raisins, black & white sesame seeds, soy-mayo dressing	\$52	\$32	\$24
	Ramen Noodle Salad	Romaine, (optional: purple cabbage), snap peas, yellow pepper, purple onion, toasted slivered almonds, crunchy ramen noodles, red wine vinaigrette dressing	\$58		
	Garden Fresh Celery Crunch Salad	Romaine, purple cabbage, diced celery, mandarin oranges, julienne carrots, toasted slivered almonds, flatbreads, brown sugar vinaigrette dressing	\$63		
M	Romaine Salad w/ Avocado Dressing	Romaine, grape tomatoes, black olives, red & orange pepper, purple onion, fresh avocado dressing, flatbreads topping	\$62		
M	Chickpeas 'n Lettuce Salad	Romaine, fresh mushrooms, baby corn, green olives, chickpeas, mayo dressing	\$50		
	Roasted Vegetable Romaine w/ Pesto Dressing	Romaine, with roasted assorted vegetables, roasted salted cashews, fresh pesto dressing	\$70		
M	NEW! BBQ Corn Romaine Salad	Romaine, BBQ corn crunch, Baby corn, Hearts of palm, Grape tomatoes, Colored peppers, Purple onion, Zesty mayo dressing w/ a zing	\$58	\$38	
	NEW! Crispy Onion Romaine Salad	Romaine, Crispy onions, Colored peppers, Purple onion, Fresh snap peas, Hearts of palm, Fresh sliced mushrooms or sautéed mushrooms	\$58	\$38	
	NEW! Cashew Carrot Ginger Salad	Romaine, Purple cabbage, Grape tomatoes, English cucumbers, Fresh mango, Purple onion, Julienned Carrots, Craisins, Cashews, Unique carrot ginger dressing	\$60	\$38	



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CABBAGE SALADS

	SALAD		Large	Medium
	Mixed Cabbage Salad	Purple and/or white cabbage, purple onion, colored peppers, toasted sesame seeds, raisins, vinaigrette dressing	\$52	\$32
M	Two Tone Cabbage Salad	Purple and/or white cabbage, purple onion, colored peppers, raisins, salted sunflower seeds, dill dressing	\$52	\$32
	Elegant Purple Cabbage Salad	Purple cabbage, sunflower seeds, dried mango, purple onion, red & orange pepper, raisins, Chinese pecans, delicious red dressing	\$60	\$38
	Marinated Purple Cabbage Salad	Purple cabbage and assorted vegetables, vinaigrette dressing	\$52	
M	Chow Mein Salad	White cabbage, purple cabbage, broccoli florets, chow mein noodles, sliced almonds, raisins, dill-mayo dressing, ???	\$65	\$42
	Purple Pomegranate Explosion Salad (seasonal availability)	Purple cabbage, pomegranate seeds, purple grapes, purple onion, dried mango, raisins, Chinese pecans, brown sugar vinaigrette dressing	\$62	
M	Sesame Crunch Cabbage Salad	Purple & white cabbage, nish nosh crackers, colored peppers, purple onion, raisins, blk. & wte. sesame seeds, soy-mayo dressing	\$50	
M	Cabbage Mushroom Salad	White & purple cabbage, fresh mushrooms, peas, julienne carrots, mayo dressing	\$50	
	Purple Orange Thrill Salad	Purple cabbage, purple onion, shredded carrots, cashews, raisins, dried mango, mandarin oranges, brown sugar vinaigrette dressing	\$58	



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OTHER SALADS: (9x13 pan or 2 lb. container)

M	Classic Broccoli Salad	Broccoli florets, purple onions, craisins, salted cashews, mayo dressing	\$60 (9x13)
M	Elegant Broccoli Salad	Broccoli florets, fresh snap peas, purple onion, julienned carrots, slivered colored peppers, radish, craisins, sunflower seeds, cashews, mayo dressing	\$70 (9x13)
M	Fresh String Bean Salad	Fresh steamed string beans, purple onion, fresh mango, colored peppers, sesame seeds, glazed almonds, honey-mayo dressing	\$70 (9x13)
	Marinated Salad	Assorted peppers, kirbies, purple cabbage, purple onion, carrots, vinaigrette dressing	\$18 (2 lb.)
	3 Bean Salad	Chick peas, green beans, wax beans, green pepper, red pepper, purple onion, vinaigrette dressing	\$18 (2 lb.)
	Mini Diced Mediterranean Salad BEST SELLER	Green and red peppers, hearts of palm, pickles, olives (optional: chick peas), parsley vinaigrette dressing	\$20 (2 lb.)
	Hearts of Palm Salad	Hearts of palm, avocado, grape tomatoes, dill vinaigrette dressing	\$23 (2lb.)
	Snappy Salad BEST SELLER	Fresh snap peas, grape tomatoes, baby corn, hearts of palm, dill vinaigrette dressing	\$23 (2lb.)
	Quinoa Salad	Quinoa, purple onion, diced three colored peppers, fresh snap pea pieces, craisins, slivered almonds, Dijon mustard-oil dressing	\$28 (2 lb.)
L	Mediterranean Quinoa Salad	Quinoa, tomatoes, English cucumber, lemon dressing	\$28 2 lb.
	Quinoa with Mango Salad	Quinoa, fresh & dried mango, English cucumber, purple onion, light dressing	\$29 2 lb.
	Quinoa with Romaine Salad	1 lb. romaine, 4 lb. quinoa, purple onion, slivered three colored peppers, fresh snap pea pieces, craisins, roasted almonds, Dijon mustard-oil dressing	\$68 (Party Size)
	Marinated Mushroom Salad	Sliced mushrooms, red peppers, green peppers, olives, onion slices, parsley vinaigrette dressing	\$23 (2 lb.)



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DAIRY SALADS (Party Size)

M	Dairy Caesar GB Salad	Romaine, grape tomato, colored peppers, raisins, with creamy dairy Caesar dressing topping: croutons, parmesan cheese,	\$58
L	Avocado Parmesan Salad	Romaine, avocado, grape tomatoes, English cucumber, green stuffed olives, parmesan cheese, light dressing	\$58
M	Fruited Broccoli Salad	If you like broccoli salad, you'll love this dairy version: Broccoli, purple onion, mandarin oranges, raisins, cashews, creamy dairy dressing	\$68
M/L	Romaine Salad with Avocado Dressing	Romaine, grape tomatoes, shredded two-color cheese, olives, purple onion, avocado dressing, topping: flatbreads	\$68
L	Greek Salad	Romaine, feta cheese, sautéed fresh mushrooms, grape tomatoes, colored peppers, lemon dressing	\$65
L	Quinoa Feta Mediterranean Salad	Quinoa, chick peas, tomatoes, feta cheese, parsley, oil-based dressing	\$33 (2 lb.)
M	Romaine Fruity infused salad	Romaine, fresh mango, kiwi, purple onion, glazed almonds, delicious raspberry infused dairy dressing	\$62



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PASTA SALADS (9x13 pan)

	Sesame Linguine Salad	Linguine pasta, sautéed onions, mushrooms & assorted peppers, soy-brown-sugar-garlic dressing *serve warm or cold*	\$55
	Angel Hair Pasta & Basil salad	Angel hair pasta, sautéed onions, tomatoes, basil *Serve warm or cold*	\$50
	Orzo Salad	Orzo, slivered almonds, raisins, purple onion, mandarin oranges, sweet/salty light dressing	\$50
M	Classic Pasta Salad	Penne pasta, purple onions, colored peppers, grated carrots, broccoli florets, mayo dressing	\$53
	Avocado Pasta Salad	Pasta shells, avocado, grape tomatoes, purple onion, light dressing	\$55
	WOW! Caramelized Onion Portobello Pasta Salad	Linguine pasta, sautéed baby bella mushrooms, caramelized onions, grape tomatoes, roasted slivered almonds, light dressing *serve warm or cold*	\$62
	Pasta with Pesto Sauce	Pasta with garlic basil pesto sauce, broccoli florets	\$60
	Penne Tomato Pasta Salad	Penne pasta, purple onion, grape tomatoes, garlic-basil dressing	\$50

HOT VEGETABLES

Grilled Roasted Vegetables	Assorted peppers, green & yellow squash, assorted mushrooms, sweet potato, eggplant	\$65 platter
Grilled Roasted Vegetable Skewers	(Minimum one dozen)	\$4.5 each
Glazed Fresh String Beans		\$55
Grilled Vegetable Platter	Assorted roasted grilled vegetables, beautifully arranged	\$70
Sauteed String Beans with Almonds		\$50



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These items can only be ordered together with \$100 minimum order of other products.

TABLE SALADS (2 lb. containers)

Premixed salads ready to serve

	Health Salad		\$15
	Purple Health Salad		\$16
M	Cole Slaw		\$10
	Cucumber Salad	Made with English cucumbers	\$16
M	Russian Cole Slaw	Made with English cucumbers	\$16
L	Tomato Salad	Fresh Lemon Dressing	\$15
L	Elegant Tomato Salad	Fresh Lemon Dressing	\$20
	Israeli Salad	Made with English cucumbers	\$16
	Guacamole		\$23
M	Corn Salad		\$20

DIPS(1 lb. containers)-Call for our latest dips- we always have new ones!

Avocado Dip	\$13
Caramelized Onion Dip	\$12
Chummus	\$10
Dill Dip	\$10
Eggplant Dip	\$10
Jalapeno Zing Dip	\$10
Olive Dip	\$10
Parsley Dip	\$10
Sautéed Eggplant	\$10
Sweet Pepper Dip	\$10
Techina Dip	\$10
Tomato Dip	\$10



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FRESH FRUIT & VEGETABLES

Fresh Vegetable Platters (all platters come with dressing)

Tray Platter \$45

12" vegetable platter \$55

16" platter \$75

Exclusive Platters – 12" - \$65

– 16" - \$90

Other Vegetable Options

Mini cube vegetable stix cups with dressing on bottom \$36 per dozen ****GREAT GIFT****

Fresh Fruit- 9x13 pan (seasonal price fluctuations) (option of cubed fruit in bowls)

Bite Sized Cubes: Cantaloupe (\$25- \$28)
Citrus Mix (\$60)
Honey Dew (\$30- \$35)
Mango slices or cubes (\$60)
Pineapple (\$35)
Red &/or Purple Grapes (\$60)
Watermelon (\$25- \$35)

Mini Cubed Fruit: (2 lb. container)

Choice of: Cantaloupe (\$16- \$17)
Grape Halves (\$22)
Honeydew (\$16- \$17)
Kiwi (\$22)
Mango (\$20- \$22)
Pineapple (\$19)
Pomegranate Seeds (\$24-\$30) (seasonal availability)
Watermelon (\$15- \$17)

Other Fruit Options

Sectional Fruit Tray- \$30

Decorated Cubed Fruit Bowl (small \$20 (+4 gifted), medium \$35 (+5 gifted), large \$50 (+6 gifted))

Ready Mini Cube Cups (w/ forks)- \$1.60- \$2.40

6 oz. square cup with lid (lid can be used as a base) - \$4 (melon on bottom, Deco on top)

3 oz. Martinis - \$2.60-\$3.10

Mini cubed fruit box- 1 dozen w/ forks \$22- \$24

Decorated Fruit Trifles (layered mini cubed fruit in bowl - gifted) (small \$28, medium \$52, large \$65)

9x13 fruit tray platter (assorted cubed fruit and sliced fruit set up on tray) \$40

12" square fruit platter- beautifully arranged \$65

16" square fruit platter (assorted cubed fruit and sliced fruit set up on tray) \$90



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PARTY MENU

DAIRY AND PARVE HOT DISHES AND PLATTERS

Baked Ziti	9x13	\$35
Penne A La Vodka	9x13	\$45
Lasagna	9x13	\$45
Fettucine Alfredo	9x13	\$45
Fettucine w/ Mushrooms or Broccoli	9x13	\$49
Mushroom Onion or Broccoli Quiche	9 Inch Round Pan	2 for \$49
Creamy Garden Pasta	9x13	\$58
Mini Quiche	One Dozen	\$36
Sweet & White Potato Rounds with Melted Cheese	9x13	\$55
Grilled/Roasted Vegetables with Cheese	9x13	\$70
Mac 'n Cheese	9x13	\$35
Mini Pizzas	2 Dozen	\$36
Roasted mini spicy potatoes		\$48
NEW! Eggplant Parmesan	9x13	\$60
NEW! Potato Blintzes	One Dozen	\$30
NEW! Cheese Blintzes	One Dozen	\$36
NEW! Breaded Cauliflower	9x13	\$60

Side of Salmon Platter		Deluxe Square - \$80
Tuna Platter	12 inch - \$55	Deluxe Square - \$70
Lox Platter	12 inch - \$65	Deluxe Square - \$80
Egg Salad and Tuna	12 inch - \$55	Deluxe Square - \$70
Tuna and Lox	12 inch - \$60	Deluxe Square - \$75
Tuna Deluxe	11.49 per lb.	
Egg Salad Deluxe	11.49 per lb.	
Sushi Platters	Small (48 pieces) - \$45	
	Medium (64 pieces) - \$65	
	Deluxe (112 pieces) - \$95	



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SOUPS

Parve Low-Fat Soups

Soup		5 Qt. (20 Portions)	10 Qt. (40 Portions)
Hearty Vegetable Soup	Contains some split peas and lots of fresh vegetables	\$52	\$90
Zucchini Potato Soup	Gluten Free	\$52	\$90
Mushroom Barley Soup		\$55	\$100
Autumn Vegetable Soup	Gluten Free	\$60	\$110
Cauliflower Dill Soup	Gluten Free	\$60	\$110
Cream of Broccoli Soup		\$60	\$110
Roasted Garlic Soup		\$55	\$100

Available for rent: 11 qt. soup sterno with fire- \$15

Soup Cups: 25 pieces. - \$4.99

Soup Cups & Lids: 25 pieces- \$9.49



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SMOOTHIE & DRINK PRICES

	32 oz. Bottle	64. oz Bottle	35 oz. Carafe Pitcher
Strawberry	\$14	\$24	\$20
Strawberry Kiwi	\$14	\$24	\$20
Very Berry	\$14	\$24	\$20
Blueberry	\$14	\$24	\$20
Mango	\$14	\$24	\$20
Strawberry Colada	\$16	\$26	\$22
Pina Colada	\$16	\$26	\$22
Parve Vanilla Iced Coffee	\$13	\$21	\$18

Dairy Drinks

	32 oz. Bottle	64. oz Bottle	35 oz. Carafe pitcher
Creamy Strawberry	\$19	\$30	\$24
Vanilla Ice Cold Coffee	\$12	\$20	\$16
Creamy Tropical Drink	\$19	\$30	\$24
Creamy Mixed Berry	\$19	\$30	\$24
3 oz. Smoothie Cups – 1 Dozen - \$30			
3 oz. Dairy Smoothie and Pina Colada – 1 Dozen - \$36			



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Green Bowl Salad/Fruit/Smoothie Gifts Beautifully Wrapped

- Fruit Trifle: Small- \$28
Medium- \$52
Large- \$65
- Mini cubed fruit box- 1 dozen w/ forks- \$22-\$24
- Section fruit platter: \$32
- 9x13 Fruit tray, 12" square, 16" square platter - \$40, \$65, \$90
- 12" vegetable platter - \$55, Elegant - \$65
- 16" vegetable platter - \$70, Elegant - \$90
- Individual portion party salads - sold by the dozen – beautifully presented – prices vary according to salad type

Small (4 Portion):

- Basic Caesar Salad- \$25
- GB Salad- \$30
- Sesame Crunch Salad- \$30
- Fruity Lettuce Salad- \$35
- Garlic Basil Garden Salad - \$30
- BBQ Corn Salad - \$30
- Taco Salad- \$35
- Portobello Mushroom Salad- \$35
- Italian Portobello Salad- \$35
- Toffee Peanut Salad- \$35
- Cashew Carrot Ginger Salad - \$35

Medium (8 Portion):

- Basic Caesar Salad- \$35
- GB Salad-\$42
- Sesame Crunch Salad- \$42
- Garlic Basil Garden Salad - \$42
- Crispy Onion - \$45
- Crunchy Salad - \$42
- BBQ Corn Salad - \$45
- Taco Salad - \$50
- Lettuce Poppy Salad- \$50
- Portobello Mushroom Salad- \$50
- Italian Portobello Salad- \$50
- Toffee Peanut Salad- \$50
- Fruity Lettuce Salad- \$50
- Cashew Carrot Ginger Salad - \$50

Large (16 Portion):

- Basic Caesar Salad- \$50
- GB Salad- \$60
- Sesame Crunch Salad- \$60
- Garlic Basil Garden Salad - \$60
- Crunchy Salad- \$60
- BBQ Corn Salad - \$65
- Crispy Onion - \$65
- Taco Salad - \$70
- Italian Portobello Salad- \$70
- Portabella Mushroom Salad- \$70
- Toffee Peanut Salad- \$75
- Fruity Lettuce Salad- \$75
- Sweet Potato Chip Salad - \$80
- Sweet Lettuce Salad w/ Toppings - \$75
- Teriyaki Portabella Salad – \$75
- Sushi Salad - \$80
- Elegant Broccoli Salad - \$80

Smoothies & Drinks: 35 oz, carafe pitcher

- Strawberry- \$20
- Strawberry Kiwi - \$20
- Very Berry - \$20
- Blueberry - \$20
- Mango - \$20
- Creamy Strawberry- \$24
- Vanilla Iced Coffee - \$16
- Creamy Mixed Berry - \$24
- Creamy Tropical Drink - \$24
- 10 oz. Smoothie ?milk? - \$5



- Pina Colada - \$22

- Parve Vanilla Iced Coffee - \$18

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The Green Bowl-Brunch Packages

Wrapped in our exclusive packaging

Upgrades available



1 Person Brunch package (\$45)

- 2 bagels, 2 rolls or cracker package
- Fresh tuna and cream cheese
- Fresh Green Bowl Salad - café style
- Choice of Fruit cup or yogurt/ granola/ fruit cup
- Pastry
- Smoothie or Iced vanilla coffee

2 Person Brunch package (\$65)

- 2 Fresh Green Bowl Salads – café style
- 2 Pastries
- Choice of 2 fruit cups- or Yogurt/ granola/ fruit
- Choice of Smoothie or Iced vanilla coffee for 2

Optional Upgrades:

- Upgraded salad
- Cheese and/or potato blintzes
- Fresh guacamole
- Fresh vegetables and dressing
- Individual soup cup(s)

2 Person Upgraded Brunch package (\$75)

- 4 rolls or 2 cracker packages
- Fresh tuna and cream cheese
- 2 Fresh Green Bowl Salads – café style
- 2 Pastries
- Choice of Fruit cup or yogurt/ granola/ fruit cup
- Choice of Smoothie –or- vanilla iced coffee for 2